

10-POINT BLOCKING SYSTEM

The 10-Point Blocking System may seem to be an all-new set of blocks, but the classic 8-Point Blocks are hidden within.

- 1) Double Downward Knife-Hand Blocks
- 2) Double Outward Ridgehand Blocks, then more Double Downward Knife-Hand Blocks
- 3) Double Outward Knife-Hand Blocks
- 4) Double Inward Forearm Trap
- 5) Double Downward Palm Blocks
- 6) Cup & Saucer on right side, roll to left, then Tiger's Claws U-Punch
- 7) Cup & Saucer on left side, roll to right, then Tiger's Claws U-Punch
- 8) Right Downward Palm Block, stack with Left Downward Palm Block, Double Outward Monkey Paw Blocks
- 9) Right Supported Ridgehand Block, counterclockwise circles, Tiger's Claws U-Punch
- 10) Left Supported Ridgehand Block, clockwise circles, Tiger's Claws U-Punch