

SIDE CLUB #2

Side Club 2 reminds us that our opponent's weapons can be used against him.

Start in Horse Stance with hands on guard. As opponent attacks, step-glide forward with right foot and pivot to face 9:00 in Left Half Moon Stance. Execute Double Shuto Block. Grab the wrist with your left hand and deliver Right Cross Shuto to neck. Take the club with your right hand. Strike opponent's head with the club and simultaneously deliver Right Side Blade Kick to ribs. Cross and on guard.

