

# SIDE CLUB #2

*Defense against: **Single arm inward horizontal swing with a club.***

*Side Club 2 gives you the opportunity to practice using your opponent's weapon against him.*

Start in Right Fighting Stance. As opponent attacks, step-glide forward with right foot and pivot to face 9:00 in Left Fighting Stance. Execute Double Sword Arm Block. Grab the wrist with your left hand and deliver Right Cross Shuto to neck. Take the club with your right hand. Strike opponent's head with the club and simultaneously deliver Right Side Kick to ribs. Cross and on guard.

