

STATIC KNIFE THREAT: FLANK

*Defense against: **Static knife threat to body from flank.***

The best way to get out of this situation is to get away from the hand holding the knife. This technique allows us to create distance and hopefully land a powerful blow to their neck in the process.

Start in Neutral Stance. Assume Submissive Guard. Notice which hand has the knife. If it's in their right hand, step counterclockwise with your right foot directly away from the opponent and swing a heavy Left Cross Hammer toward opponent's neck.

