

STATIC KNIFE THREAT: HOSTAGE

Defense against: Static knife threat to throat from the rear. Opponent is also grabbing your shoulder or arm with their left hand.

Start in Neutral Stance. Assume Submissive Guard. Pin their right hand to your chest with your right hand, slightly pulling knife away from throat and fading your head back. Step backward between opponent's legs with your left foot. As you sink into a Side Horse Stance, deliver Left Rear Elbow to solar plexus. Left Reverse Shuto to groin. Clasp your left hand to your right hand, pinning the attacking hand to your chest with everything you have. Half moon backward with your left foot, behind opponent's right leg. Slide your head out to the rear, then thrust the knife into opponent's side.