

STATIC KNIFE THREAT: UNDERHAND THROAT

Defense against: Static knife threat to throat with palm facing up. Opponent is also grabbing your shirt with their left hand.

Start in Neutral Stance. Assume Submissive Guard. Pin their right hand to your chest with your left hand, slightly pulling knife away from throat and fading your head back. Right Palm to face. Clasp your right hand to your left hand, pinning the attacking hand to your chest with everything you have. Hinge Step back with left foot and turn your whole body toward 6:00, twisting opponent's wrist, taking him to the ground.

